

LIVING STREETS

PUTTING PEOPLE FIRST

Living Streets Guernsey LBG Newsletter— December 2016

May walking week—Stride and Ride

This year Living Streets joined up with the Bus Users Group and CT Plus to promote "Stride and Ride" - encouraging commuters to either walk to work or if they lived too far away to walk to their nearest bus stop and take the bus.

Fergus Dunlop and Tom Le Pelley were pictured in the Press at the Grandes Rocques bus shelter and Fergus Dunlop took the opportunity to promote CT Plus's new App which shows you where your bus is so that you can time your walk down to the bus stop. We urged everyone to have a go on three consecutive days



Fergus Dunlop and Tom Le Pelley at Grandes Rocques.

DATES FOR YOUR DIARY

Tranquillity Walk
Sunday 17th September
2017

"Bright Day"
Friday 20th October 2017

Road Safety Week
20th November 2017

AGM 2016

Cash in the bank at the end of the year was £10,310 (£12,066 in 2015). Total income reduced from £8,478 to £6,462 mainly owing to the reduced number of selling events during the year and the level of donations and general sponsorship. The biggest expenditure during the year was the rental for the Baubigny Schools pathway (£4,500).

It was agreed that we should re-visit some original campaigns — particularly "Pavements for Pedestrians" and also go ahead with dealing with the muddy path behind the Bowl which leads to our Baubigny Schools pathway.

The committee was re-elected:
Chair: Tom Le Pelley
Secretary: Pat Wisher
Treasurer: David Jackson
Subscriptions
Secretary: Dania Lloyd
Committee:
John Gollop, Maggie Conway

We would welcome new committee members.

The Living Streets Tranquillity Walk—September 2016

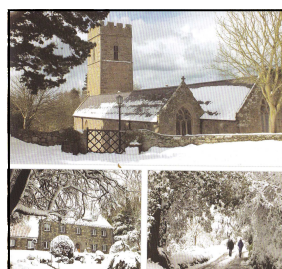
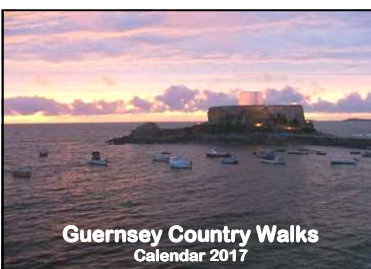


We decided to move our Tranquillity walk to September this year and that proved to be a good decision. The walk explored some of the lanes, green lanes and Ruettes Tranquilles in St. Saviour and St. Pierre du Bois. We gathered at the Houquette School car park and 33 islanders (and one dog!) took part.

Tom Le Pelley devised the route which went around the back of La Houquette School and included the lovely water lanes below the reservoir and the green lane leading to Le Trepied Tomb (Chemin le Roi). Onwards then to L'Eree for a refreshment stop and back to La Houquette School. If any would like a copy of the map, please contact Pat.



The Tranquillity Walk is one of our main fund raisers of the year and we raised **£360** (thanks to some generous donations), which was much better than last year.



Living Streets Merchandise

There is still time to purchase one of our 2017 calendars and Christmas card packs. They are available at Lexicon, Guernsey Press, Guernsey Post, The Guernsey Shop, The Coach House Gallery, Etcetera (St. Peter's Post Office). Alternatively you can buy them direct from us. Contact Pat.

Happy Christmas and a Prosperous New Year

Road Safety Week—Bright Day



Frossard House staff get into the spirit of “Bright Day”

Our annual dress down day, “Bright Day”, was held on 28th October this year— just before the clocks go back at the end of summertime.

We ask employees to dress up in bright or light clothes to emphasise our BE SAFE BE SEEN message. Everyone needs to wear light (or preferably high visibility) clothes at night when walking or cycling on Guernsey’s dark roads. We recommend you cover your office suit even if you are simply going to pick up your car.

Frossard House, again, raised the majority of the money for us. Also taking part were the Education Department in the Grange and Investec. BDO gave us a generous donation although were not able to take part.

Altogether we raised **£498.40**. Those funds are then used to buy hi-vis items to give away during Road Safety Week.

Road Safety Week—Pop Up Shop

All the funds raised from “Bright Day” were used to purchase high visibility waistcoats for adults and children which we then gave away free in the OSA Recruitment Pop Up Shop in Smith Street. For the third year running OSA lent us the shop for the week of Road Safety Week (21st November). This is a terrific opportunity for us to highlight road safety issues, give out literature and to raise the profile of the charity. Hundreds of islanders visited us during the 5 days we occupied the shop.

We gave out around 400 free hi-vis waistcoats during the week to islanders who either walked or cycled or walked their dogs. About half of which were funded by ourselves. We also distributed 500 children’s and adult waistcoats thanks to the generosity of Sarah Burchett at Specsavers in Market Square.

The Pop Up Shop also gave us the opportunity to feature our “Guernsey Country Walks” cards and calendars and our “Guernsey in the Snow” Christmas cards/winter notelets.

£361 was raised from the sale of our cards and calendars during the week and we received **£102.74** in donations.

We are most grateful to Belinda Windsor and her team at OSA Recruitment for allowing us to occupy the shop during Road Safety Week and to Creasey’s for providing the mannequin for the window display.



NEWS IN BRIEF

The closer you are to nature the happier you will be

Research has shown that people who lived within one kilometre of a park or a wooded area experienced less anxiety and depression than those who lived further away. “The mental, physical, social and spiritual benefits of getting out in the fresh air and going out for a simple walk are huge” the report says. *Journal of Epidemiology and Community Health* (13.2.16.)

Electric cars will be as popular as the internet

Electric cars are on track to become as ubiquitous as the internet, the transport minister, Andrew Jones, has said, claiming plug-in vehicle technology was reaching a “tipping point”. 28,188 new ultra low emissions vehicles were on the roads in 2015—almost double the number in 2014 and more than the previous five years combined. The Government believes that by 2050 it can get virtually every car and van on the road to be zero emission. (*Telegraph* 23.1.16.)

Car dependency scorecard 2014

The Campaign for Better Transport has updated their Car Dependency Scorecard to show how cities compared in their provision of sustainable transport alternatives. London, Manchester and Liverpool won the top three places, whilst Milton Keynes, Colchester and Peterborough are the most car-dependent cities. (*Campaign for Better Transport* December 2015.)

Healthy Cities Mayors Forum

More than 100 Mayors from around the world have come together united in the knowledge that health and sustainable urban development are inextricably linked, and steadfastly committed to advancing both.

1. Integrate health as a core consideration in all policies
2. Address all—social, economic & environmental—determinants of health
3. Promote strong community engagement
4. Reorient health and social services towards equity
5. Assess and monitor wellbeing, disease burden & health determinants.